



Head Teacher Mrs L Hackfath LLB (Hons) PGCE
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1st March 2019

Dear Parents/Carers,

**Re: Junior Inter-School Swimming Gala 2019
Grimsby Leisure Centre, Cromwell Road – 12:30 start**

Stanford school will be taking a team to participate in a Junior Inter-School Swimming Gala on **Friday 22nd March 2019**. Your child has expressed an interest in taking part and has been selected for the team.

Please ensure that your child comes prepared with their swimming kit on the Friday. As the doors open at 12:10pm, we also ask that you could prepare a packed lunch for your child to eat on this day. **If you have already ordered a school dinner and would like it changing to an away-day packed lunch then please let us know as soon as possible.** Please can your child also bring £1 (fully refundable) that can be used for a locker.

We will be transporting the children to the event, but parents are welcome to spectate for a price of £1, which is payable at the venue and includes a programme.

The school are subsidising the costs of the gala, however, in order to finance the full cost, we would be grateful for a voluntary contribution of £2.00 towards the cost of the coach travel.

This can either be sent to your child's class teacher in an envelope marked with your child's name or handed in at the school office. You can now also pay online at www.scopay.com, if you haven't registered yet then you can request a copy of your registration code and setup information from the school office.

Please return the permission slips by **Thursday 7th March**.

Rules

- All individual races will be 25m in length
- All relays will be 3 x 25m
- **Breaststroke** must be swum simultaneously on the front. Touch with two hands at the same time at the end of the race. If your breaststroke swimmer does not know how to dive in and perform the breaststroke start underwater, I would advise you to let them start in the water with a push and glide
- **Backcrawl** starts with a push and glide in the water. Swimmers must finish the race by touching the wall whilst still on their back
- **Freestyle** Any stroke goes. The race is finished when the swimmer touches the wall. A swimmer must not walk in any part of the race
- **Team races** A swimmer must wait till their teammate has touched the wall before they can leave the side/wall
- Diving from the side is permitted from the deeper end of the pool only.

Many thanks,

Mr Middleton

JUNIOR INTER-SCHOOL SWIMMING GALA – Friday 22nd March 2019 – 12:30 start

I give permission for my child to attend the Swimming Gala at Grimsby Leisure Centre

Name of Child: _____

Name of Parent: _____

Signature: _____

Contact Number: _____

I enclose a £2 contribution towards the cost of the coach.

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