



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese & Tomato Pizza 🌱	Beef Burger in a Bun with Chips & Baked Beans	Roast Chicken with Roast Potatoes & Gravy	Beef & Pasta in a Bolognese Sauce	Fish Fingers with Mashed Potatoes
	Macaroni Cheese 🌱	Vegetarian Burger in a Bun 🌱 with Chips & Baked Beans	Cheese & Onion Pasty 🌱 with Roast Potatoes	Cheese & Tomato Pizza 🌱	Vegetarian Dippers 🌱 with Mashed Potatoes
	Jacket Potato with Cheese 🌱	Jacket Potato with Salmon & Tuna Mayo 🐟	Jacket Potato with Baked Beans 🌱🍷	Jacket Potato with Cheese 🌱	Jacket Potato with Baked Beans 🌱🍷
All main meals are served with two vegetables					
DESSERT	Chocolate & Blackcurrant Cake 🍏	Raspberry Slice	Apricot Flapjack	Chocolate & Pear Cake with Custard	Berry Muffin 🍏



PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

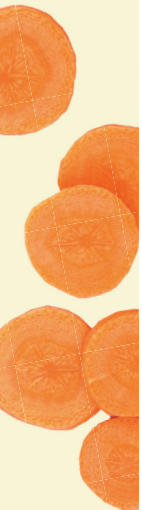


WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese & Tomato Pizza  	Chicken Tikka with Rice	Roast Chicken with Roast Potatoes & Gravy	Mini Sausage Pasta Bake	Fish Fingers with Chips & Baked Beans
	Macaroni Cheese 	Cheese & Tomato Pasta 	Vegetarian Sausage  with Roast Potatoes & Gravy	Cheese & Tomato Pizza 	Vegetarian Dippers  with Chips & Baked Beans
	Jacket Potato with Baked Beans  	Jacket Potato with Cheese 	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans  	Jacket Potato with Cheese 
All main meals are served with two vegetables					
DESSERT	Mandarin & Lemon Drizzle Cake	Fruit & Ice Cream 	Chocolate Cookie	Banana Marble Cake with Custard 	Cranberry & Orange Shortbread



PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**
 **Fruity!**  **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

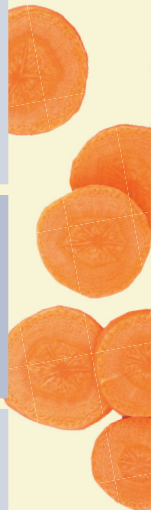


WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese & Tomato Pizza	Pork Sausages with Mashed Potatoes & Baked Beans	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken Melt with Rice	Fish Fingers with Chips
	Macaroni Cheese	Vegetarian Sausages with Mashed Potatoes & Baked Beans	Sweet & Sour Quorn with Rice	Cheese & Tomato Pizza	Omelette with Chips
	Jacket Potato with Baked Beans 	Jacket Potato with Cheese	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans 	Jacket Potato with Cheese
All main meals are served with two vegetables					
DESSERT	Jammy Flapjack with Custard	Lemon Muffin	Chocolate & Pear Cake	Raspberry Slice	Oatie Cookie



PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.