

# Stanford School



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October 2022

## Chill Club- All Years

Dear Parents/Carers,

As part of our focus on wellbeing and mental health, Mrs Jones will be delivering an after school club that will enable children to have a safe space to relax and chill and where children can choose a variety of activities to do to help their well-being: Silent disco, yoga, chit and chat, comic reading and even mindfulness drawing activities!

The club aims to encourage positive wellbeing in pupils and have the opportunity for them to have a safe space to relax. Juice and biscuits will be provided in the session.

This club will take place starting **Tuesday 1<sup>st</sup> November and finish on Tuesday 6<sup>th</sup> December**. It will run from 15.15 – 16.15 each Tuesday. Please note there won't be a session Tuesday 29<sup>th</sup> November as this is when we're having our Christmas Fayre.

There are 12 spaces available and it will be on a first come first served basis. The cost will be £4.00 per session. The total for 5 sessions is £20.00.

Please visit [www.scopay.com](http://www.scopay.com) to book a place. Please enter on SCOPay whether your child is to walk home alone (year 5 and 6 only) or will be collected from school.

Thank you

**Mrs Jones**

