

# What is included in the BigTalk Education “SRE: Whole School Approach” Programme?

Below is the Programme that BigTalk Education delivers to the Children, it reflects the **Ofsted & Sex Education Forum recommendations and feedback from Parents and Schools**. It is our belief that every child deserves to be kept safe, healthy and happy through knowledge and understanding. Here is an outline of what is covered:

## **Age 3 Nursery**

A fun learning environment where the children are taught the differences between boys and girls, naming body parts, what areas of the body are private and should not be touched (unless the child is happy and gives consent).

Approximately 10-15 minutes

## **Ages 4~8 (Reception ~ School Years 1, 2 & 3)**

Re-enforces and checks what was covered in Nursery. Using specially designed child friendly resources at the end of this session they will be able to identify situations which may be risky (e.g. other children or adults taking inappropriate photographs of them, inappropriate touches, exposure to unsuitable media etc.) and who they can talk to if they are worried.

Approximately 20 minutes

## **Ages 8~9 (School Year 4)**

We cover different kinds of families (same sex parents, foster families etc.) the emotional and physical changes of growing up, similarities and differences between boys and girls including transgender, coping with strong emotions, looking after our bodies as they change and the onset of periods (puberty) How babies are made from ovums and sperm, then develop in the womb (reproduction). How to be safe and healthy linking back to and building on identifiable risks, we also strengthen awareness of consent and personal safety especially on-line grooming, sexting etc.

Approximately 60 minutes

## **Ages 9-11 (School Years 5 & 6)**

Reproduction, puberty, consent and personal safety are re-visited, knowledge retained can be checked with our “Quick Quiz”. An “Ask it Basket” session (anonymous questions) gives the children more opportunity to ask the Team what they want to know, we actively encourage this as opposed to children choosing to find their own answers on the Internet. They will often want more details on conception, how babies develop and are born. Sometimes they ask how people can get infections from sex and how they can be prevented or there may be curiosity about feelings or body image, each group is different. Again it is important they know there is someone in school as well as at home if they want help, advice or information about puberty, reproduction etc. (Information at this stage is vital to protect them as they move onto Senior School)

Approximately 70 minutes

All the resources BigTalk Education use are age appropriate and can help keep children protected from unwanted touches, abuse, exploitation and inappropriate images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they touched inappropriately etc.

<http://www.bbc.co.uk/news/education-32321204>